

**Kia ora koutou. Anita Gibbs and whānau (from Ōtepoti/Dunedin).**

## Foetal Alcohol Spectrum Disorder – an invisible generation of sufferers

TALIA SHADWELL

Last updated 05:00, March 12 2017



CLIVE COPEMAN

Anita Gibbs with her two adoptive sons, Ruslan and Dima, who both have Foetal Alcohol Spectrum Disorder.

My mission is to help my children live flourishing lives, giving regard to their neuro-abilities and neuro-impairments. I spend much time advocating for them everyday settings, as well as educating others about FASD.

# A Strengths and Rights-Based model for FASD.

S.P.I.N.A.C.H.



KŌKIHI

# Transformative Work

- Change how you or others see things
- Gain knowledge, recognize the signs
- Set them up for success, focus on strengths, *build resilience*
- Acknowledgment, Awareness, Understanding, Communication about FASD, Managing the FASD identity



**Children and young people should flourish – if it takes supports let's do that and if supports aren't needed let's not allow any barriers to stop it happening**

## Self-Regulation



## Art & Activities





# S.P.I.N.A.C.H. / KŌKIHI

**P.urposeful**

**I.nformation**

**S.ecurity**

**N.ovelty**



**A's**

**C.hild-centred**

**H.opeful**

## You are it...

"I think the hardest part of having a child with a delay of any kind is the fight: The fight for services. The fight for people to understand who your child is and what they need. The fight for knowledge, because knowledge is power. And the quiet fight you have within yourself wondering if you've left no stone unturned."

Jessie Doyle

## *Anita's 6 A's*

Awareness

(Radical)

Acceptance

Accommodations

Advocacy

Allying

Activism

# *SPINACH in ACTION*

- Video removed